

Onsite Program

CULTURAL COMPETENCE SUMMIT XX



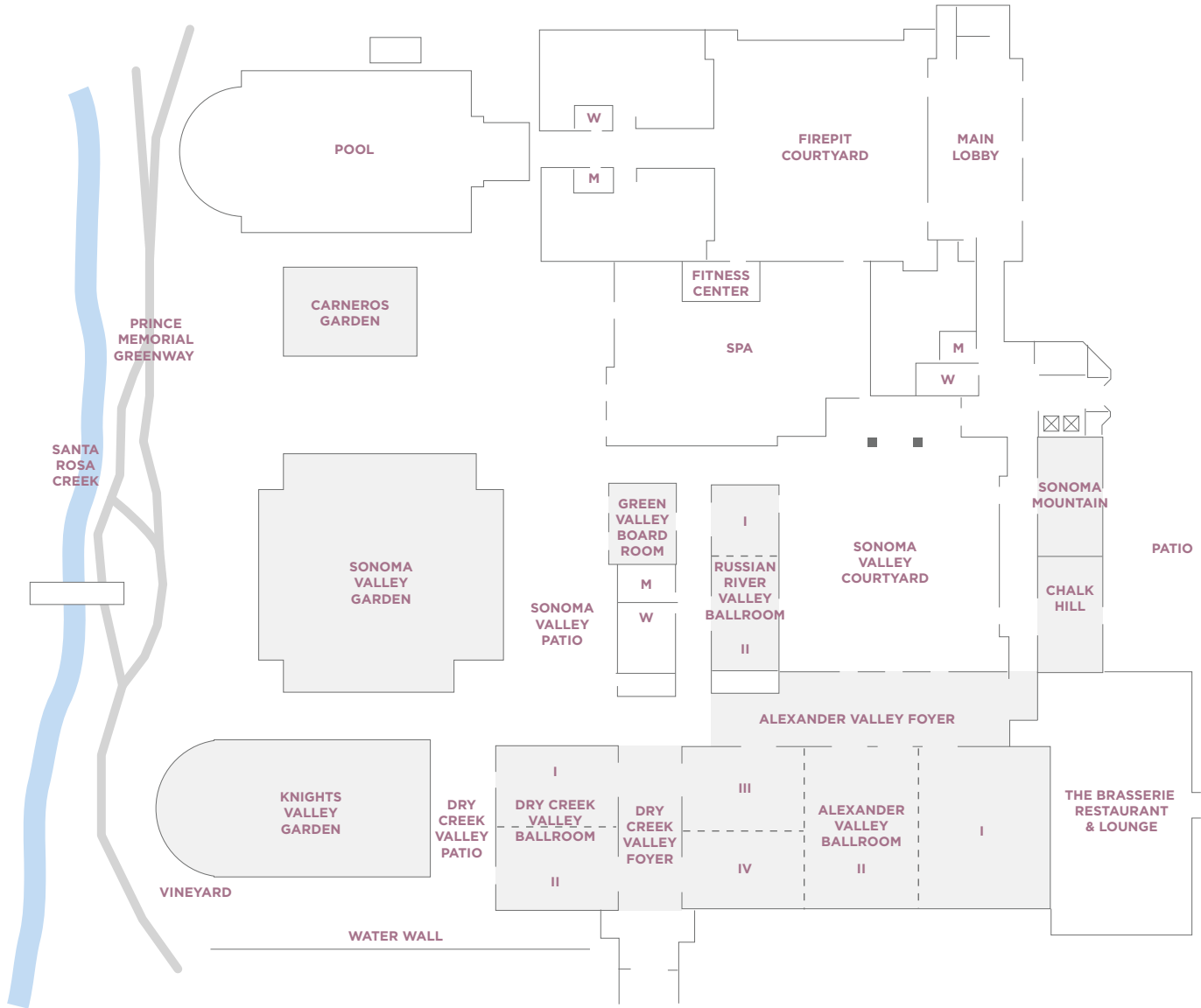
SUPPORTING COMMUNITY DEFINED PRACTICES

March 15-16, 2017

Hyatt Vineyard Creek Hotel | 170 Railroad Street | Santa Rosa, CA 95401



Floorplans



ABOUT THE CONFERENCE

CULTURAL COMPETENCE SUMMIT XX

Our Overall objectives at this Summit are:

1

Educate and inform attendees about effective strategies for reaching diverse populations.

2

Inspire attendees to try new strategies to reach diverse populations.

3

Highlight successful activities that currently exist throughout the State that reach diverse populations.



KEYNOTE SPEAKER BIOGRAPHIES - DAY 1



Kevin Berthia is a grateful suicide survivor and suicide prevention advocate. Kevin was born with a genetic major depression disorder that he inherited from his biological mother. In 2005 at the age of 22, Kevin attempted to take his own life

by jumping from the Golden Gate Bridge. After jumping the railing, he stood on a 4-inch narrow cord about 220 feet in the air. For 96 minutes, with nothing to stop him from falling except a listening ear, Kevin spoke with a first responder who eventually talked him back over the railing.

In May of 2013, 8 years after his attempt at the Golden Gate Bridge, Kevin was invited by The American Foundation for Suicide Prevention (AFSP) to present The Life Savers Award to the officer who talked him back to safety. Kevin spoke publicly for the first time about the events that led up to that day March 11, 2005. Since, his story of HOPE has been featured by multiple media outlets including Nightly News with Brian Williams, ABC Fusion, The Steve Harvey Show, Men's Health Magazine and People Magazine.

The photo of Kevin standing on the cord was front page of the San Francisco Chronicle, placed on the 75 most iconic photos of the 21st Century, and has since gone viral on social media.

Kevin Berthia is a Grateful Suicide Prevention Advocate, encouraging people to talk through their problems rather than think about ending their lives. Kevin believes that depression may be a part of you, but it is not who you are and that no one knows better the darkness that surrounds suicide than those who have walked in its shadow, or the light that comes from knowing that they might be able to help others avoid similar grief.

Kevin speaks both individually and with the officer who saved his life: Sgt. Kevin Briggs (Ret.), The Guardian of the Golden Gate. Kevin is now the father of three beautiful children and resides with his family in Northern California.



The Honorable Patrick J. Kennedy
Former United States
Representative, Rhode Island;
Co-Founder, One Mind, and
Founder, Kennedy Forum

The Honorable **Patrick J. Kennedy**

is a former member of the U.S. House of Representatives and the nation's leading political voice on mental illness, addiction, and other brain diseases. During his 16-year career representing Rhode Island in Congress, he fought a national battle to end medical and societal discrimination against these illnesses, highlighted by his lead sponsorship of the Mental Health Parity and Addiction Equity Act of 2008—and his brave openness about his own health challenges.

The son of Senator Edward “Ted” Kennedy, he decided to leave Congress not long after his father's death to devote his career to advocacy for brain diseases and to create a new, healthier life and start a family. He has since founded the Kennedy Forum, which unites the community of mental health, and co-founded One Mind for Research, a global leader in open science collaboration in brain research. Kennedy is also the co-author of “A Common Struggle,” which outlines both his personal story and a bold plan for the future of mental health in America. Patrick lives in New Jersey with his wife, Amy, and their four children.

KEYNOTE SPEAKER BIOGRAPHIES – DAY 2



Javier Rivera-Rosales is the Interim Executive Director of Positive Images, a Santa Rosa non-profit organization that serves the unique needs of LGBTQ+ youth & young adults in Sonoma County. He was born and raised

in San Francisco, and learned quickly about the cultural divides in our communities. In 2007 he started his journey as a youth advocate with the San Francisco LGBT Community Center. At the age of 19 he helped create the first youth and young adult Queer Prom in SF. Through outreach, leading workshops, and event planning he was inspired to continue deepening his connection with young people.

Javier believes in building a society in which all people have an opportunity for healthy free expression. He has dedicated the last 11 years to helping youth and young adults express their inner voice to discover the full person they are meant to be. He has worked in the mental health and wellness field for seven years and has worked with Positive Images starting as an outreach coordinator and now director of operations.

His travels abroad have enlightened him about the different ways in which we perceive other cultures and how we try to understand them. When Javier is not working he spends his time dancing, reading and dreaming of traveling to faraway places.

PLENARY SESSION PANEL BIOGRAPHIES

La Roux Pendleton, MPH, is a Health Program Specialist II in the Office of Health Equity at the California Department of Public Health. She is the lead of the California Reducing Disparities Project. This project will award \$60 million in funding to reduce mental health disparities in five target populations in California. Most recently, La Roux served as the Diabetes Lead in the Chronic Disease Control Branch. La Roux has been with CDPH for nine years, and has served the department in various capacities. Her previous work in the department includes tobacco control, cancer detection, and coordinated chronic disease prevention. She holds a Master's in Public Health from Columbia University.

Wm. Jahmal Miller, MHA, is the Deputy Director of the California Department of Public Health's Office of Health Equity (OHE). Appointed to this role by Governor Jerry Brown in 2013, Miller is the State's lead advisor on issues related to reducing health and mental health disparities and achieving health equity for all Californians. He is responsible for leading the OHE mission to promote equitable social, economic and environmental conditions to achieve optimal health, mental health and well-being for all.

Miller's passion for working to achieve health equity comes from his background as a healthcare administrator in a pediatric treatment center, where he witnessed firsthand the troubling health disparities children faced simply because of living conditions that were no fault of their own. Though he has translated his professional passion in many ways, providing those less fortunate with greater opportunities to achieve health has been the common thread.

Miller's prior work includes managing and overseeing the communications outreach for a \$1 billion annual

PLENARY SESSION PANEL BIOGRAPHIES, continued

philanthropic community benefit program, as well as several leadership roles with Sutter Health.

Miller is a graduate of Columbia University in New York City, with a Bachelor of Arts (BA) degree in Psychology. He also holds a Master of Health Administration (MHA) degree from the University of Southern California.

In May 2016, Western University of Health Sciences conferred an Honorary Doctorate in Humane Letters (DHL) to Miller, recognizing his lifetime achievements in the field of health and human services. He has completed an Executive Fellowship with the Nehemiah Emerging Leaders Program in conjunction with the American Leadership Forum & CORO. In 2013, Miller received the Leukemia & Lymphoma Man of the Year Nominee for the Greater Sacramento Sierra Region. In 2012 he received the Sacramento Business Journal's 40-Under-40 Award for Community Service. More recently Miller was named a 2015 "Up and Comer" by Modern HealthCare. Miller has also served on the boards of directors for some of the nation's most respected organizations, including The California Child Care Referral and Resource Network, The American Heart Association's Western Region Health Equity Task Force, The American Diabetes Association, and Ronald McDonald House.

Miller currently serves on the Pacific and Southwest Regional Health Equity Council and as a board member of the National Association of State Offices of Minority Health, the California Telehealth Network and the Faith Fellowship Community Church, respectively. Miller is a native of Sacramento, California and is a proud father to two young daughters.

Cheryl Grills, PhD, is a clinical psychologist but with a current emphasis in Community Psychology. She is Professor of Psychology at Loyola Marymount University, national past President of The Association of Black Psychologists, and founder and director of Imoyase Community Support Services. Dr. Grills was the Co-Executive Director of the LA County Blue Ribbon Commission on Child Protection and continues to serve as a Los Angeles County Commissioner appointed by the LA County Board of Supervisors (2010) to the Sybil Brand Commission for Institutional Inspections which focuses on conditions and practices within county jails, probation and correctional facilities and group homes for children. Her research interests, publications and projects include African-centered models of treatment engagement with African Americans; substance abuse prevention and treatment, community psychology; community mental health, prevention, and action research and program evaluation services to community based organizations engaged in social action, community change and prevention on a host of issues. Her current work in the area of racial stress focuses on the development of community based self-help models to address the negative effects of racism on people of African ancestry in the US and globally. She recently completed a 6 year project on childhood obesity evaluating environmental change strategies to address obesity in communities of color. She is principal investigator on several social justice projects related to community health, education reform, mentoring African American youth, disproportionality in the child welfare system, homelessness and substance abuse prevention. She is currently principle investigator on a multi-year CDC REACH grant to reduce health disparities in predominantly African American and Latino communities in two South Los Angeles neighborhoods

using community organizing and partnerships with health clinics and the Department of Public Health to educate and empower residents in the implementation of locally tailored strategies to increase public safety, physical activity, and linkages to quality health care services.

Dr. Grills consults nationally on a number of issues particularly regarding matters of cultural and social competence, multiculturalism and Africentric interventions. She has also studied under traditional medical practitioners in Ghana, Nigeria, and Senegal and is a registered member of the Ghana National Association of Traditional Healers.

THANK YOU

OUR KEYNOTE SPONSORS:

Sonoma County

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St. Joseph Health

OUR CONFERENCE SPONSOR:

**Greater Bay Area Mental Health and
Education Workforce Collaborative**

OUR EXHIBITORS:

**Mental Health & Spirituality Initiative
Sonoma County**

**California Association of Mental Health
Peer Run Organizations**

**Greater Bay Area Mental Health and
Education Workforce Collaborative**

ART DISPLAYS:

Wellness Center

John Seiberlich

**Peer Recovery Art
Project Incorporated**

2017 CULTURAL COMPETENCE SUMMIT XX PLANNING COMMITTEE

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Assistant to Behavioral Health Director,
Michael Kennedy
Sonoma County Behavioral Health

Alfredo Aguirre, LCSW
Behavioral Health Director
County of San Diego,
Health and Human Services Agency

Cruz Lopez, LMFT
Health Program Manager - Community
Intervention Program
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Department of Health Services
Behavioral Health Division

Justine Rangel
Interim Cultural Competency Officer
San Bernardino County

Javarré Wilson
Ethnic Services Manager
Alameda County Behavioral
Health Care Services

Veronica Kelley, LCSW
Behavioral Health Director
San Bernardino County Department
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Susan Castillo, MSW CHC
Section Manager - Community
Behavioral Health Services
Sonoma County
Department of Health Services
Behavioral Health Division

Michael Kennedy, LMFT
Director
Sonoma County
Department of Health Services
Behavioral Health Division

Kristee L. Haggins, PhD
Senior Associate
California Institute for Behavioral
Health Solutions (CIBHS)

WEDNESDAY, MARCH 15, 2017

7:00AM – 5:00PM REGISTRATION Alexander Valley Foyer

7:00AM – 8:30AM CONTINENTAL BREAKFAST Alexander Valley Foyer

8:00AM – 8:30AM OPENING BLESSING – REVEREND TURNER Alexander Valley Ballroom 1 & 2

8:30AM – 9:00AM WELCOME – BOARD OF SUPERVISORS Alexander Valley Ballroom 1 & 2

9:00AM – 10:30AM KEYNOTE Alexander Valley Ballroom 1 & 2

MY JOURNEY: MAKING MENTAL HEALTH ESSENTIAL HEALTH

Patrick J. Kennedy, Former US Rep (D-RI), Founder - The Kennedy Forum, Co-Founder – One Mind
Since his earliest days in public service, Patrick J. Kennedy believed that mental health should be a national priority. After 16 years in Congress, and countless bills passed, one stands out among the rest for the impact it has on the lives of all Americans – the Mental Health Parity and Addiction Equity Act of 2008. This bill ensures that mental health is treated on-par with physical health, breaking down decades-old practices in the health care system that kept those two areas separate from one another, often with dire consequences. This presentation will focus on the necessary steps that will fulfill President Kennedy’s vision of ensuring the best possible mental well-being for every American. Discussion topics will include implementation of the Mental Health Parity and Addiction Equity Act, ways to accelerate advances in diagnostics, treatments and cures, and how we can integrate mental health into the mainstream of American medicine. The result will be improved outcomes for patients and lower costs for everyone.

10:15AM – 10:30AM BREAK

10:30AM – 12:15PM KEYNOTE Alexander Valley Ballroom 1 & 2

THE IMPACT OF LISTENING

Kevin Berthia, Grateful Survivor, Suicide Prevention Advocate, The Parson’s Company
The Impact of Listening is Kevin’s journey through life with an undiagnosed mental depression disorder. His story begins at an early age and travels into the present day. You will learn in detail how important both listening and not listening greatly impacted his life and how to do better when listening to others.

12:15PM – 1:30PM LUNCH (*included with registration*) Alexander Valley Ballroom 1 & 2

MUSIC – NONE BUT THE RIGHTEOUS BAND

1:30PM - 3:00PM

WORKSHOPS SESSION 1

**CULTURA Y BIENESTAR: TRADITIONAL HEALING Russian River Valley Ballroom 1 & 2
AS A COMMUNITY DEFINED PRACTICE**

Tracy Hazelton, MPH, Division Director, Mental Health Services Act, Alameda County
Behavioral Health Care Services

Juan Cuba, Support Group, La Clinica de La Raza

Patricia Royball, Supervisor Cultura y Bienestar, La Clinica de La Raza

Ernesto Olmos, Traditional Healer

La Clinica de La Raza, in partnership with Alameda County Behavioral Health Care Services, implements a prevention and early intervention program called Cultura y Bienestar that promotes mental health and wellness for the Latino community through a braided model of promotores, mental health specialists and traditional healers. This comprehensive, practice-based model, is theoretically grounded on research that indicates that within the Latino community signs and symptoms of mental health challenges are reduced when there's a connection to cultural roots and traditions. Our presentation will highlight the use of traditional medicine and healers as a way to promote mental health, reduce stigma and serve as a platform to compliment western medicine for the overall goal of increased health, wellness and quality of life.

**THE LOS ANGELES COUNTY MENTAL HEALTH ACADEMY: Dry Creek I
SUPPORTING THE NEEDS OF CULTURALLY DIVERSE COMMUNITIES**

Adrienne Cedro-Hament, LCSW, Board Liaison, LA County Department of Mental Health

Ann-Marie Yamada, PhD, Associate Professor, University of Southern California

Over a decade of project development and initiatives by the Los Angeles County Department of Mental Health have supported the development of promising practices such as the Mental Health Academy to enhance the capacity for faith-based organizations to offer de-stigmatized support to individuals with mental illness. This presentation will introduce the program rollout, initial findings and lessons learned.

GROWING A BILINGUAL WORKFORCE. Dry Creek II

Musetta Pezearce, Kaiser Permanente Nursing Supervisor, Adjunct Faculty Health Careers Academy,
Santa Rosa Junior College

Wanda Tapia, Executive Director/CEO, Latino Service Providers

Amy Faulstich, Mental Health Services Act Coordinator, Sonoma County Behavioral Health

The need for a bilingual workforce in California is great. This workshop will demonstrate how a County partnered with a well-respected, small grassroots organization to implement strategies to target, support, and assist bilingual and bicultural staff to join the behavioral health workforce. Also, how this small grassroots organization has gone further to create a workforce pipeline for high school students to consider behavioral health a career choice.

1:30PM – 3:00PM WORKSHOPS SESSION 1, continued

**HEALTHIER COMMUNITY ARTS INITIATIVE: Alexander Valley IV
COMMUNITY INCLUSION**

John M Black, Founding Member, CEO, Operations Manager, Peer Recovery Art Project
Rachel Cross, Program Contractor, Youth Program Development: Arts from the Heart

Peer Recovery Art Project is a community service arts organization, founded in 2009 by a group of mental health consumer visionaries who believed there can be a place in our community for everyone. We gathered together as artists, as special event coordinators and now as Mod Spot, partnering with Stanislaus Magazine, Modesto View, Project Yes and Arts for Freedom program as small business developers, not because of an illness or common diagnostic labeling but simply for the love of the arts. Peer support, social networking, and community service arts organization is our foundation of expertise.

**STIGMA OF MENTAL ILLNESS: A BARRIER FORChalk Hill
ASIAN INDIAN WOMEN SEEKING TREATMENT**

Surinder Gill, PhD, Clinical Support Services Manager, River Oak
Jagdeep Nesbit, School Counselor, Mt. Eden High School

Asian Indian families, especially women, rarely seek professional help for mental illness. The stigma is intense. Providers and families alike need better understanding of how providers can help. You will benefit from insider perspectives based in both personal experience and research, on how to engage and work with Asian Indian women.

**FAMILY PARTNERS: BRIDGES TO FAMILIES, Alexander Valley III
SUPPORTERS OF COMMUNITY**

Jennifer Tuipulotu, Mental Health Family Services Coordinator, Contra Costa Behavioral Health Services
Janet Costa, Family Partner-Team Lead, Contra Costa Behavioral Health Services
Paula Serrano-Cardenas, Family Partner, Contra Costa Behavioral Health Services

Family Partners have strong connections to the community and are key to culturally competent, family-focused, family-driven services. A panel of Family Partners will share their role in mental health treatment and how cultural humility promotes competency when encouraging families to engage and remain informed when addressing their loved one’s needs.

3:00PM – 3:15PM BREAK

3:15PM - 4:45PM

WORKSHOPS SESSION 2

SUICIDE WITHIN CHILDREN AND ADOLESCENTS -Chalk Hill
CULTURAL FACTORS TO CONSIDER

Luis M. Garcia, PsyD, Vice President of Quality Care, Cultural Diversity and Outcomes,
Pacific Clinics

Empowering individuals, families and the community is vital to the reduction and risk of suicidal behaviors within Latino children and adolescents. Suicide shares risk and protective factors with mental and substance use disorders, trauma, and other types of violence, such as bullying and domestic violence. Cultural factors play a big role in treatment and recovery for these families.

EMOTIONAL EMANCIPATION CIRCLESSM Russian River Valley Ballroom 1 & 2
IMPLEMENTED IN CALIFORNIA: HEALING FOR COMMUNITIES
FOR AFRICAN ANCESTRY

Kristee Haggins, PhD, Senior Associate, California Institute for Behavioral Health Solutions,
(CIBHS)

Theopia Jackson, PhD, Bay Area Chapter President/Director, Department of Humanistic & Clinical
Psychology, The Association of Black Psychologists, Inc./Saybrook University

Cheryl Grills, PhD, Past President of ABPsi/Professor, The Association of Black Psychologist/Loyola
Marymount University

Alondra L. Thompson, LCSW, EECSM-CPI Facilitator/Participant (Rosetta Wellness Center Team)
Tjuana Smylie, Graduate Student, Saybrook University

An introduction to the Emotional Emancipation CirclesSM (EECs), an innovative grassroots healing circle and community defined practice designed by and for people of African ancestry will be provided. The EECSM-California Professional Initiative - a collaboration between Community Healing Network (CHN), the Association of Black Psychologists, Inc. (ABPsi) and the California Institute for Behavioral Health Solutions (CIBHS) will be introduced. The Community Development Team model which supported the implementation and sustainability of the EECsSM across the state will be described and preliminary outcome data of the EECsSM conducted in California will be provided. In summary, workshop participants will learn about the rationale for the EECsSM, hear feedback regarding the impact of the EECsSM, hear directly from a circle facilitator about their experience, have a brief experiential experience similar to participating in an EECSM, and identify how to be an EECSM ally whether or not they are a person of African ancestry.

3:15PM - 4:45PM WORKSHOPS SESSION 2, continued

**AUNTIES & UNCLES PROJECT: “HEALING CALIFORNIA Alexander Valley IV
NATIVE COMMUNITIES THROUGH MEANINGFUL AND
COLLABORATIVE PARTNERSHIP”**

Cecilia Dawson, Aunties and Uncles Project Coordinator, Sonoma County Indian Health , Inc.
Naomi Atchely, Tribal Members Service Coordinator, Stewarts Point - Kashia Band of Pomo Indians
Nelson Jim, LMFT, Behavioral Health Director, Sonoma County Indian Health Project, Inc.

This presentation reviews critical community partnership development of the Aunties and Uncles Project (AUP) of Sonoma County Indian Health Project, Inc., a community- and cultural-based intervention and skills building CDEP model. The focus population of AUP includes seven local Pomo and Wappo tribes of Sonoma County. The AUP consists of community-level suicide prevention and mental health stigma reduction; youth tutor; and depression screening. Strategies for restoring and developing trust & integration of cultural and community strengths will be highlighted.

**TRANSLATION OF INSTRUMENT FOR DEPRESSION, Dry Creek II
ANXIETY, AND PTSD IN LAOTIAN, CAMBODIAN, AND VIETNAMESE:
REPORT FROM THE FIELD**

Natalie T. Ah Soon, MPH, Project Coordinator, RAMS, Inc. Asian and Pacific Islander Mental Health Collaborative
Tai Chang, Associate Professor, California School of Professional Psychology at Alliant International University

The study aimed to develop and translate a screening instrument for depression, anxiety, and PTSD for Asian American and Pacific Islander communities that could be administered by non-clinical staff in community settings. Laotian, Cambodian, and Vietnamese community agencies were consulted to tailor the instrument insuring cultural appropriateness.

COMMUNITY ENGAGEMENT WITH DIVERSE POPULATIONS. Alexander Valley III

Melen Vue, Director of Community Engagement, National Alliance on Mental Illness-California (NAMI-CA)
Zuleima Flores, Community Engagement Coordinator, National Alliance on Mental Illness-California (NAMI-CA)

NAMI CA will discuss the statewide initiative to adapt one of our signature program to better address the cultural and linguistic needs of diverse populations across California as well as the importance of engaging the community and building relationships on a state and local level.

3:15PM - 4:45PM

WORKSHOPS SESSION 2, continued

CREATING SAFE SPACE FOR DIVERSE SPIRITUALITY AND Dry Creek I
SUPPORTED FAITH-BASED RESOURCES IN MENTAL HEALTH
TREATMENT AND RECOVERY; A STEP BY STEP GUIDE FOR ANY COUNTY

Kalia Mussetter, In-Service Trainer, Peer Advocate & System Navigator, Consultant; Living Bridges
Gary Bravo, PhD, Forensic Psychiatry, Sonoma County Behavioral Health

Spirituality takes innumerable forms and is often at the heart of clients' culture, recovery and wellness. How can mental health providers create safe, respectful space for clients' diverse spiritual seeking, beliefs or practices, in client-centered, trauma-informed ways, and offer supported referrals to appropriate faith communities? Join us to learn how.

4:45PM

ADJOURN

5:00PM - 6:30PM

NETWORKING RECEPTION.....Patio Area

*With
dance music
provided by*



Smoke & Mirrors Band

THURSDAY, MARCH 16, 2017

7:00AM - 4:30PM	REGISTRATION Alexander Valley Foyer
7:00AM - 8:30AM	CONTINENTAL BREAKFAST Alexander Valley Foyer
8:00AM - 8:15AM	OPENING PRAYER Alexander Valley Ballroom 1 & 2 Dean Hoaglin , Sonoma County Indian Health Project Board Member
8:15AM - 8:30AM	WELCOME AND INTRODUCTION Alexander Valley Ballroom 1 & 2
8:30AM - 10:00AM	KEYNOTE Alexander Valley Ballroom 1 & 2 PRACTICING CULTURAL HUMILITY AND UNDERSTANDING LGBTQ+ CHALLENGES Javier Rosales , Interim Executive Director, Positive Images Javier Rivera-Rosales presents a compelling and thoughtful narrative on how understanding our LGBTQ+ population’s experience, across multiple cultures, is an essential component in promoting social change. The session will encompass empathy, cultural humility, curiosity and judgement, LGBTQ+ narratives, and the commonly used phrase “coming out”, through an audience-engaging speech and with a minimal number of slides. Attendees will leave the session with a deeper understanding of the LGBTQ+ communities, a clear direction on how to take action and support this marginalized group of people. If our work in this world is to serve the community, our future success depends on developing strong connections with the people we serve.
10:00AM - 10:15AM	BREAK
10:15AM - 12:00PM	PLENARY SESSION Alexander Valley Ballroom 1 & 2 PROMOTING COMMUNITY DEFINED EVIDENCE PRACTICES THROUGH THE CA REDUCING DISPARITIES PROJECT La Roux Pendleton, MPH , Lead, California Reducing Disparities Project, California Department of Public Health, Office of Health Equity Jahmal Miller, MHA , Deputy Director, California Department of Public Health, Office of Health Equity Cheryl Grills, PhD , Past President of ABPsi/Professor, The Association of Black Psychologist/Loyola Marymount University The California Reducing Disparities Project (CRDP) is a \$60-million-dollar initiative that aims to reduce mental health disparities by providing organizational and evaluation support to validate community defined evidence practices across five CRDP priority populations (African American, Asian and Pacific Islander, Latino, LGBTQ, and Native American) that have shown promise in improving mental health outcomes. A statewide perspective of health equity, overview of both Phases of the CRDP and introduction to the multicultural evaluation strategy are provided.

THURSDAY, MARCH 16, 2017

12:00PM – 1:15PM

LUNCH Alexander Valley Ballroom 1 & 2
BLESSING OF THE FOOD – Lisa Elgin, Tribal Administrator, Manchester Pt. Arena Band of Pomo Indians, Sonoma County Indian Health Project, Board Member
MANCHESTER POMO DANCE GROUP

1:15PM – 2:45PM

WORKSHOPS SESSION 3

THESE ARE OUR STORIES, THESE ARE OUR SONGS Alexander Valley III

Taylor Wong, Member of POCC’s Asian American Committee, Alameda County Behavioral Health Care Services

Trung Hua, Member of Pool of Consumer Champions’ (“POCC”) Asian American Committee, Alameda County Behavioral Health Care Services

Melanie Legacy, Member of Pool of Consumer Champions’ (“POCC”) Asian American Committee, Alameda County Behavioral Health Care Services

Members of Alameda County’s Pool of Consumer Champions’ Asian American Committee will describe the onset of mental health challenges, stabilization, and what keeps them in balance. While symptoms arise periodically, health is restored again, and life is to be enjoyed. They will express what they value and their goals.

HOW TO CONNECT WITH LA GENTE LATIN@ Chalk Hill

Wanda Tapia, Executive Director/CEO, Latino Service Providers

Emilia Carbajal, Workforce Development Specialist, Latino Service Providers

Each year Latino Service Providers has engaged its members to inform direction when appropriate to the programs and services provided. In this session, participants will learn about the programs and services offered, such as a monthly partner meeting; weekly electronic bicultural resource newsletter and website presence. Participants will be able to see what our members have to say and learn about the success of our programs, and review our evaluation tools.

BECAUSE BLACK MINDS MATTER 2! – BUILDING MENTAL HEALTH FRIENDLY COMMUNITIES FOR AFRICAN AMERICANS Alexander Valley IV

Gigi R. Crowder, LE, Master Trainer, Tri-Cities Community Development, Mental Health Friendly Communities

Pastor Horiacio Jones, President/CEO, Tri-Cities Community Development, Mental Health Friendly Communities

This workshop will introduce attendees to several community defined strategies and practice based evidence practices specific to the African American Community. The subject matter expert presenters will educate and inform attendees about health disparities and share faith based approaches that promote building mental health friendly communities across California.

1:15PM - 2:45PM WORKSHOPS SESSION 3, continued

**CULTURALLY APPROPRIATE OUTREACH STRATEGIES Dry Creek I
FOR SOCIALLY ISOLATED OLDER ADULTS LIVING IN THE
TENDERLOIN NEIGHBORHOOD OF SAN FRANCISCO**

Daniel Hill, BA, Program Manager, Curry Senior Center
Andres Lozano, Bilingual Peer Outreach Specialist

Curry Senior Center’s Peer Outreach Program employs older adults to cultivate meaningful, trusting relationships to isolating seniors living in the Tenderloin neighborhood of San Francisco. Client centered and Peer driven, the program’s aim is to reduce isolation and encourage social connection through activities, services, and relationship building.

**CALMHSA STATEWIDE PEI PROJECT: REACHING Russian River Valley Ballroom 1 & 2
CALIFORNIA’S DIVERSE COMMUNITIES WITH
EACH MIND MATTERS TOOLS AND RESOURCES**

Aubrey Lara, Associate Program Manager, CalMHSA
Lisa Smusz, MS, LPCC, Program Consultant, Each Mind Matters
Nicole Jarred, Program Consultant, Each Mind Matters

CalMHSA has developed Each Mind Matters tools and resources for suicide prevention and mental health education and awareness in underserved communities throughout California. Attend this interactive workshop to learn more about FREE/low-cost materials available for a wide variety of audiences, and community-defined practices for effective dissemination and outreach.

REAL LIFE. REAL PEOPLE. REAL CONNECTIONS Dry Creek II

JoAnne Forman, MFT, REAL Mental Health Initiative Program Coordinator, Congregation Rodef Sholom
Moji Javid, LCSW, Director of Synagogue Engagement, Congregation Rodef Sholom

The REAL Campaign creates a unique bridge between behavioral health and spiritual community, helping to reduce stigma and reach individual with mental health challenges in a culturally-responsive manner. Learn about the cultural lens of Judaism, ways behavioral health and spiritual communities can partner, and activities to start mental health conversations.

2:45PM - 3:00PM BREAK

3:00PM - 4:30PM

WORKSHOP SESSION 4

STRATEGIES AND PRACTICES FOR DIVERSE POPULATIONS Dry Creek II

Justine Rangel, MSW, MPA, Interim Cultural Competency Officer, San Bernardino County, Department of Behavioral Health, Office of Cultural Competence and Ethnic Services

Sonia Rubio, Program Manager I, San Bernardino County, Department of Behavioral Health, Office of Prevention and Early Intervention

This presentation will discuss cultural specific prevention and early intervention efforts within San Bernardino County, specifically efforts and strategies aimed at targeting diverse groups who are underserved, unserved and/or inappropriately served.

PROBLEM GAMBLING SCREENING, ASSESSMENT Alexander Valley IV
**AND TREATMENT INTEGRATION IN A PRIMARY CARE SETTING:
PRELIMINARY DATA AND LESSONS LEARNED FROM NORTH EAST
MEDICAL SERVICES (NEMS)**

Michael S. Liao, MSW, Director of Programs, NICOS Chinese Health Coalition

North East Medical Services (NEMS), a SF bay area-based non-profit community health center, received a HRSA grant for behavioral health integration with primary healthcare. NEMS partnered with NICOS Chinese Health Coalition to implement problem gambling screening, assessment and treatment in its health clinics. The workshop will share preliminary program data.

MENTAL HEALTH EMPOWERMENT Dry Creek I

Paul Hoang, LCSW, President, Viet-C.A.R.E.; Clinical Director - Moving Forward Psychological Institute, LLC

Lorna Pham, PsyD, Executive Director, Viet-C.A.R.E; Clinical Director, Clean Path Behavioral Health

This presentation will highlight the best practices approach to outreach and engage the unserved and underserve API population to increase acceptance and utilization of the mental health services. Presentation will include challenges and success stories through the lenses of a community non-profit organization, Viet-C.A.R.E. and as clinicians/trainers/administrators of a County's Psychiatric Emergency Response Team, residential addiction treatment facilities, and a private training firm. Presenters will facilitate discussion and effective response strategies development for attendees to apply at their respective agency.

3:00PM – 4:30PM WORKSHOPS SESSION 4, continued

**HOLISTIC MENTAL HEALTH: COMPLEMENTARYChalk Hill
CULTURAL PRACTICES AND HEALING BELIEFS STRENGTHENING
CLIENT WELLNESS, RECOVERY & RESILIENCE**

Connie Cha, PhD, Diversity Services Coordinator, Fresno County Behavioral Health
MaryAnn Le, doctorate of Public Health candidate & MBA, Deputy Director

The presentation will address holistic health approaches in complementary cultural practices and healing beliefs as a community-defined preference to strengthening Western medicine for wellness, recovery and resilience. This model is currently implemented at the Holistic Center in Fresno and found it to be useful for certain individuals and cultural community groups.

GATHERING OF NATIVE AMERICANS Alexander Valley IV

Janet King, MSW, Program Manager of Policy & Advocacy, Native American Health Center
Carolyn Kraus, UCSF Medical Student, Research Intern, California Consortium for Urban Indian Health

Native Americans enjoyed wellness until U.S. Federal Policies outlawed Native American Culture. The loss of culture produced mental illness. The restoration of culture found in Native American best practices restore wellness. Gathering of Native Americans (GONA) is one such model being implemented in California.

**BUILDING BRIDGES BETWEEN COMMUNITIES Russian River Valley Ballroom 1 & 2
WITH PEER SUPPORT, PARTNERSHIPS AND EMPLOYMENT**

Mertice ‘Gitane’ Williams, CPRS, ICPRS, Recovery Evaluation Group, MHSAOAC
Patricia Blum, PhD, CPRP, Vice President, Crestwood Behavioral Health Inc.
Lori Ashcraft, PhD, CPRP, Executive Director, Recovery Opportunity Center, LLC

This highly interactive, inspiring workshop describes ways to link residential communities, with employment and peers. A partnership connected to Resilience Inc. and Crestwood Behavioral Health, Inc. This is an innovative training that employs peer personnel. We will showcase the Dreamcatchers Empowerment Network, a project which employs employees’ residents during rehabilitation.

4:30PM ADJOURN

